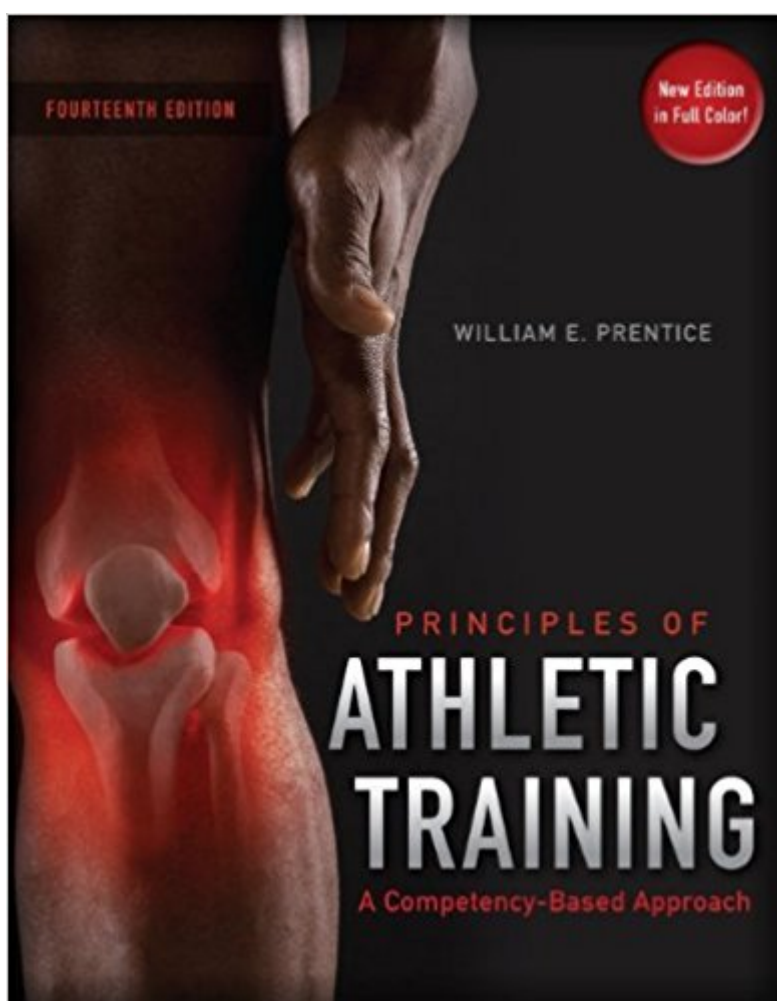


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Principles Of Athletic Training: A Competency-Based Approach, 14th Edition



Synopsis

This ISBN is for the standalone book only! Arnheim's Principles of Athletic Training: A Competency-Based Approach is the leading text in the athletic training field. The text is designed to lead the student from general foundations to specific concepts relative to injury prevention, evaluation, management, and rehabilitation. Now in its 14th edition, Arnheim's Principles of Athletic Training continues to innovate, with several new features available with the new edition: Connect Athletic Training: the first online learning management system for the athletic training course, featuring assignable labs, videos, Internet exercises, an optional integrated ebook, and more Full color photographs and illustrations throughout the entire text Expanded coverage of athletic trainers working in a variety of employment settings

Book Information

Hardcover: 940 pages

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Customer Reviews

William E. Prentice, Ph.D., PT, ATC, Professor, Coordinator of Sports Medicine Specialization Department of Physical Education, Exercise and Sports Science, University of North Carolina Chapel Hill, North Carolina.

This is possibly my favorite text book and I've never been happy about a text book for college in my life. Usually they get shoved in the back of my closet after my class is over. This is a part of my normal book shelf and my go to for medical reading. I have learned a lot in this book along with my class. If you need this book for a class it's a good text book, but if you just want to have a text book

of injuries, such as sprang's, torn ligaments, wraps, and my favorite, medical taping for these injuries this is a very informative book to have.

An absolute must for any A.T.s out there. Everyone should have a copy in their library. New techniques that are supported by new science and legislation this book is an up to date manual for the athletic trainer.

I needed this book for class, but was not willing to pay the ridiculous bookstore prices at my university. This book has a different cover from the one the university sells, but it was the same thing! It helped me study for my tests and even though I no longer need it for class, I will be keeping this book to help me learn more. Definitely recommended!

Great book to learn how to work with athletes who are recovering from injury or who had a recent injury. This book has step by step information when talking to a patient or athlete. Each chapter covers a different joint (GH, elbow/wrist, hip, knee, ankle.....) AWESOME book for gym owners to help out their athletes.

A must have for any professional in the field of Kinesiology. I had originally rented the e version, but then decided I needed my own copy. Great information.

aaa

Got here on time. brand new.

A good read if you are into exercising. The book contains a lot of helpful information that might help you improve your workout/routine.

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